

Dementia Friendly Belle Isle and Middleton

Existing and planned activities

- Belle Isle Winter Elderly Aid – 59 Centre run reminiscence sessions in their 1950's themed memory room, they also have two "Dementia Buddies" to provide extra support to people with dementia so that they can join in with group activities.
- Trinity Network – Run a Dementia café on the 2nd Saturday of the month from 10:30-12:30, Nesfield Road. This needs promoting more widely.
- Middleton Elderly Aid run a number of social sessions – currently nothing specific around dementia, although do use memory resources to support some existing social activities. Plan to run a weekly memory coffee morning or lunch club starting in The New Year.
- BITMO and Trinity Network are working in partnership to establish a "Dinner and Movie" morning starting on 16th January. A film will be shown at The GATE followed by dinner at Trinity Network.
- BITMO have also arranged a staff training session on Dementia with the Alzheimer's Society.

What can partners do to make Belle Isle and Middleton more dementia friendly?

- **Raise awareness about Dementia in the wider community.**
 - Arrange further Dementia awareness talks with existing groups. These can range from 30 mins to 2 hours and provide a basic overview of Dementia, how it affects people and their carers and how best to support people with the condition.
 - Need for peers to have a better understanding about the issue. Target older peoples groups.
 - Shops, Housing staff, Police, Fire Service, Reception staff pretty much any organisation that comes into contact with the public.
 - Contact Alzheimer's Society to book a session peter.ruickbie@alzheimers.org.uk
 - Distribute basic written materials on Dementia through local schools, GP surgeries, Housing associations
 - Put an article together for the BITMO Newsletter and Police NPT newsletter
- **Promote the Dementia Friends Initiative** – Identify organisations that would be interested in organisation training / awareness sessions and a lead person on the issue. Liked the idea of creating "safe haven" space. For example BITMO's GATE. Register as a dementia friend or champion here www.dementiafreinds.org.uk
- **Arrange follow up meeting with Alzheimer's Society**
 - What further support is available to support dementia friendly Middleton and Belle Isle?
 - Resources to support this work